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Pain Management Consultant

Patient Information

Pregabalin: Lyrica ®

Please note this information leaflet should be read alongside any patient information leaflets provided by the manufacturer with the medication.

Why do I need the medication?

Pregabalin is an anti epileptic drug used to control pain. It is particularly useful for the relief of pain caused by damaged or irritated nerves (neuralgia). It is hoped that it will reduce the amount of nerve pain you are getting by 'calming down' the nerves that report the pain to the brain.

How do I take the medication?

Please follow the dosing regime given here. If you experience any side effects go back to the previous dose and wait a few days before increasing the dose again. Only increase to the next step if you are still experiencing your usual pain symptoms. This medication will need to be taken for approximately 4 weeks before you can judge if it has been beneficial.

Day	Morning	Evening
1 – 3	-	25mg
4 - 6	25mg	25mg
7 – 9	25mg	50mg
10 – 12	50mg	50mg
13 -15	50mg	75mg
16 -18	75mg	75mg
19-21	75mg	150mg
21-25	150mg	150mg
26-28	150mg	300mg
29	300mg	300mg

What are the possible side effects of the medication?

Dry mouth Drowsiness Dizziness Lethargy
Visual disturbances Muscle Weakness Weight increase Gastric discomfort

The side effects usually wear off over time.

Please **do not** stop Pregabalin suddenly. It needs to be reduced gradually over at least one week. Please discuss with you doctor before stopping.

Who should I contact if I need further information?

You should contact Dr Tonucci's secretary on 01483 555808